

## Wild Rice Hamburgers



## Ingredients

1 pound ground beef or substitute with 1 lb ground moose mixed with 1 lb ground pork  
2 cups cooked wild rice  
2 cloves minced garlic (optional)  
1 tablespoon fresh chopped or dried thyme, oregano, and/or rosemary (optional)  
Salt and pepper to taste (optional)

## Directions

Thoroughly mix the wild rice, ground meat of your choice and optional ingredients, if desired, in a large bowl until the texture is consistent.

Form into patties and grill or cook, and then serve like a standard hamburger on a sesame seed or onion bun.